Good Grace

If there’s anything the man after God’s own heart knew, it was that He could do nothing in his own strength. David needed the help of a holy God to survive. He clung to His faith, even in the most difficult times. You see evidence of this in the songs He wrote. Psalm 121 is one of those songs that echoes David’s deep dependence on the graceful care and provision of God.

He writes:

“I lift up my eyes to the hills.

 From where does my help come?

My help comes from the Lord,

 who made heaven and earth.”

In this statement, David acknowledges that God is both His Creator and Sustainer. It’s a beautiful psalm of worship that pushes readers to examine exactly *who* they depend on. When you choose to depend on yourself, or others around you, there is always some way to be let down. Brokenness is not mended by adding more brokenness. Brokenness only finds healing when it is fully restored and made new.

When Jesus came to die on the cross, He made a way for your brokenness to be made new. Just as He explained to Nicodemus in John 3, Jesus has come so people could be born again. Not a physical rebirth, but a spiritual one—allows for the brokenness in your hearts to be made whole again through belief in Jesus. You get a brand-new life. That is good grace.

Now, everyone who has received this grace is a part of the family of God. You can access the people of God to help you remember where your help comes from. When you can’t speak, they speak for you. When you can’t sing, they sing over you. Just like David reminded you in Psalm 121, your spiritual family is there to help you, encourage you, and remind you that the hope you need for every circumstance is found at the cross.

God is madly in love with you. Why else would He willingly die and take on the weight of your sin? Why else would He give you the people of God to lock arms with when times are tough? Remember the sacrifice of Christ and join in praise with the people of God. Watch the walls come down. Watch His kingdom come. Watch His will be done. All because He chooses to extend His good grace to those who call upon His name.